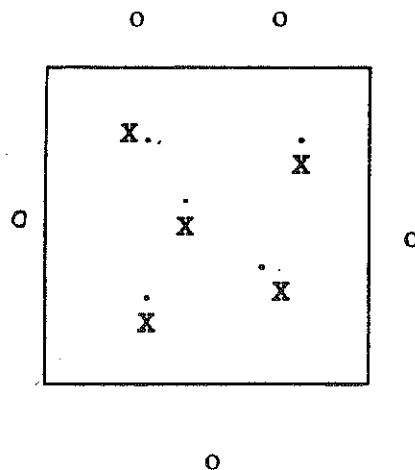


## GAME 14: COWBOYS AND INDIANS



**OBJECTIVE:** Improve dribbling, shielding, vision, passing and teamwork.

**ORGANIZATION:** 2 teams of 3 to 5 players each.

One team inside the grid, each player with a ball.

Other team around the grid.

On coaches' command the outside team enters grid and attempts to kick all the balls out of the grid.

The players of the inside team each protects his own ball. Once a player loses his/her ball, he stays in grid and helps his teammates keep their balls.

Play stops when all the balls are kicked out.

Switch roles.

Winning team is one who clears all the balls in the quickest time.