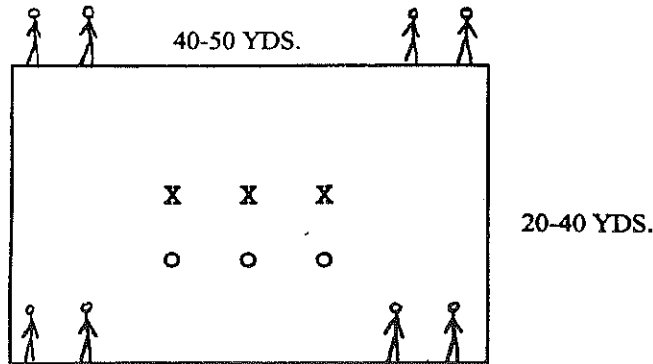


GAME 16: FOUR GOAL GAME



OBJECTIVE: To develop dribbling, passing, and vision.
To develop awareness of when to switch play to the other side.

ORGANIZATION: Players play a game of 3v3 to 5v5 with four goals made up of pairs of parents.
Each team can score through the two goals at the other end.

VARIATION: Coach can signal to one of the goals to kneel or rock side to side.
Coach then tells players they can only score through “kneeling goal” or through “rocking goal”.



VARIATION: Coach can add one parent to each team to act as a goalie.
Coach can tell players they can only score on open goal (parent/goalie will “close” one of the two goals by standing in front of it).

Note: When parents are not available, use cones to mark the four goals.