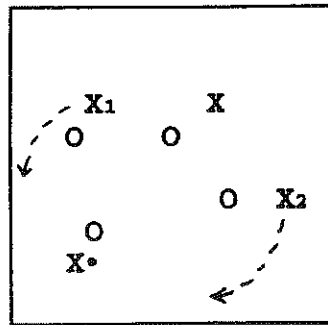


GAME 12: POSSESSION



30-40 YDS. SQ.

OBJECTIVE: To teach players to support the player with the ball by moving away from defenders.

ORGANIZATION: 2 teams of 3 to 5 players.
Teams attempt to keep possession of the ball inside a grid.
Players pass the ball with their hands but ball can only be rolled on the ground.

NOTE: In the game the players will learn quickly to open up play and get away from defender's 'shadows' in order to be open for a pass. (see in diagram how X₁ and X₂ move to make themselves available for a pass).
After a while, play the possession game with feet and see if they still move to support the ball properly.