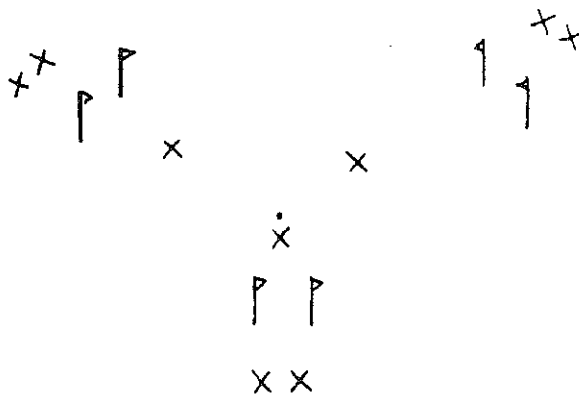


GAME 13: THREE GOAL GAME



OBJECTIVE: To improve dribbling past players, improvisation, creativity and fitness.

ORGANIZATION: Three teams of 2 to 4 players each.
Each team defends one goal and attacks the other two goals.
Play is continuous with no boundaries but goals can only be scored from inside the area.
One player from each team is playing (1v1v1) while the other players sit about 5 yards behind their goal.
Whenever a player gets tired (or on the coaches' signal) players switches with a teammate.

VARIATION: Play with 2 players from each team on the field. (2v2v2).